

ALEXANDRA TRAMPOLINE CLUB (ATC)
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December 2011

LATEST NEWS
FROM THE
ALEXANDRA TRAMPOLINE CLUB (ATC)

CGGA honours the gymnastic stars for 2011:

Central Gauteng Gymnastics Association (CGGA) awarded trophies to the following ATC members for outstanding achievement during 2011: (CGGA prize giving was held on 19 November 2011)



PHOTO left to right:

Front row:

Duduzile Gumede—level 1 section winner,
Phaphama Nxumalo—level 4 section
winner & international selection,
Nombulelo Masilo—level 5 section winner
& international selection,
Aimee Botes—level 2 section winner
Michael Schmidt—international selection,
Xolani Nxumalo—level 5 section winner,
international selection & Gymnast of the
year

Back row:

Sicelo Mabizela—international selection,
Lesley Bakiso—international selection,
Tukelo Moseamo—international selection,
Musawenkosi Moyo—international
selection,
Siphiwe Mosoang—international selection.

OPEN DAY: “Try Trampoline” FUN DAY Saturday: 04 February 2012 JOIN US – IT’S FUN!

ATC – South Hills is hosting a “Try Trampoline” fun day for all those interested in joining our club.

DATE : Saturday, 04 February 2012

VENUE : South Rand Recreation Centre, Geneva Road, South Hills

TIME : 3 sessions:

- 1) **09h00 to 11h00**
09h00: display by **Protea** trampoline gymnasts
09h30: display by junior trampoline gymnasts
10h00 to 11h00: open session – anyone (age 5 & up) may participate in a FREE training session
- 2) **11h30 to 13h30**
11h30: display by **Protea** trampoline gymnasts
12h00: display by junior trampoline gymnasts
12h30 to 13h30: open session – anyone (age 5 & up) may participate in a FREE training session
- 3) **14h00 to 16h00**
14h00: display by **Protea** trampoline gymnasts
14h30: display by junior trampoline gymnasts
15h00 to 16h00: open session – anyone (age 5 & up) may participate in a FREE training session

Anyone interested in becoming a trampoline gymnast can contact Glenda on cell 082 924 7384

Venue: South Rand Recreation Centre – Geneva Road – SOUTH HILLS

Training times: Mondays, Wednesdays and Fridays: 15h30 to 17h30 – **ATC reopens 09 January 2012** –

*May your holidays
And new year
Be filled
With happiness!*

*Have A Wonderful
Festive Season*